

Pharmacy Program Quarterly Update – Changes Effective Oct. 1, 2022 – Part 1

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UPDATE: As a reminder, the Quarterly Pharmacy Changes awareness article has been separated into a Part 1 and Part 2 article. This part 1 article includes changes that require member notification – drug list revisions/exclusions, dispensing limits, utilization management changes and general information on pharmacy benefit program updates. Our intention is to alert you of these changes as our members are receiving letters on changes to their drug list and/or pharmacy benefit. The part 2 article will be published closer to the October 1 effective date.

Drug List Changes

Based on the availability of new prescription medications and Prime's National Pharmacy and Therapeutics Committee's review of changes in the pharmaceuticals market, some revisions (drugs still covered but moved to a higher out-of-pocket payment level) and/or exclusions (drugs no longer covered) will be made to the Blue Cross and Blue Shield of Oklahoma (BCBSOK) drug lists, effective Oct. 1, 2022. **Changes by drug list are listed on the charts below.**

Drug List Updates (Revisions/Exclusions) – As of Oct. 1, 2022

Non-Preferred Brand ¹	Drug Class/ Condition Used For	Preferred Generic Alternative(s) ²	Preferred Brand Alternative(s) ^{1, 2}
Basic, Multi-Tier Basic, Enhanced and Multi-Tier Enhanced Drug Lists Revisions			
CYSTADANE (betaine powder for oral solution)	Homocystinuria	There is a generic equivalent available. Please talk to your doctor or pharmacist about other medication(s) available for your condition.	
VIMPAT (lacosamide tab 50 mg, 100 mg, 150 mg, 200, mg)	Seizures	There is a generic equivalent available. Please talk to your doctor or pharmacist about other medication(s) available for your condition.	
Multi-Tier Basic and Multi-Tier Enhanced Drug Lists Revisions			
DEXAMETHASONE (dexamethasone tab 0.5 mg, 0.75 mg)	Inflammatory Conditions	methylprednisolone tablets, prednisone tablets	

Drug ¹	Drug Class/ Condition Used For	Generic Alternatives ^{1,2}	Brand Alternatives ^{1,2}
Balanced, Performance and Performance Select Drug Lists Revisions			
DEXAMETHASONE (dexamethasone tab 0.5 mg, 0.75 mg)	Inflammatory Conditions	methylprednisolone tablets, prednisone tablets	
MORPHINE SULFATE (morphine sulfate oral soln 20 mg/5 ml)	Pain	morphine sulfate solution 10 mg/5 ml	
MORPHINE SULFATE ER (morphine sulfate cap er 24hr 10 mg, 20 mg, 30 mg, 50 mg, 60 mg, 80 mg, 100 mg)	Pain	<i>Please talk to your doctor or pharmacist about other medication(s) available for your condition.</i>	
QUINIDINE SULFATE (quinidine sulfate tab 200 mg, 300 mg)	Arrhythmia	<i>Please talk to your doctor or pharmacist about other medication(s) available for your condition.</i>	
SULFADIAZINE (sulfadiazine tab 500 mg)	Infections	<i>Please talk to your doctor or pharmacist about other medication(s) available for your condition.</i>	
TRAMADOL HCL ER (tramadol hcl tab er 24hr biphasic release 100 mg, 200 mg, 300 mg)	Pain	<i>Please talk to your doctor or pharmacist about other medication(s) available for your condition.</i>	
TRIHEXYPHENIDYL HCL (trihexyphenidyl hcl oral soln 0.4 mg/ml)	Parkinson's Disease, Extrapyramidal Disorders	<i>Please talk to your doctor or pharmacist about other medication(s) available for your condition.</i>	
VANDAZOLE (metronidazole vaginal gel 0.75%)	Bacterial Vaginosis	metronidazole vaginal gel 0.75%	
Balanced and Performance Select Drug Lists Revisions			
MOXIFLOXACIN HYDROCHLORIDE (moxifloxacin hcl ophth soln 0.5% (base eq) (2 times daily))	Antibacterial- Ophthalmic	ciprofloxacin ophthalmic solution, gatifloxacin ophthalmic solution, ofloxacin ophthalmic solution, moxifloxacin ophthalmic solution	
Balanced Drug List Revisions			
ZOLPIDEM TARTRATE (zolpidem tartrate sl tab 1.75 mg, 3.5 mg)	Insomnia	eszopiclone tablets, zaleplon capsules, zolpidem tablets	
Health Insurance Marketplace (HIM) Drug List Revisions			
DEXAMETHASONE - dexamethasone tab 0.5 mg, 0.75 mg	Inflammatory Conditions	methylprednisolone tablets, prednisone tablets	
MORPHINE SULFATE - morphine sulfate oral soln 20 mg/5 ml	Pain	morphine sulfate solution 10 mg/5 ml	

QUINIDINE SULFATE - quinidine sulfate tab 200 mg, 300 mg	Arrhythmia	<i>Please talk to your doctor or pharmacist about other medication(s) available for your condition.</i>	
SULFADIAZINE - sulfadiazine tab 500 mg	Infections	<i>Please talk to your doctor or pharmacist about other medication(s) available for your condition.</i>	
TRIHEXYPHENIDYL HCL (trihexyphenidyl hcl oral soln 0.4 mg/ml)	Parkinson's Disease, Extrapyramidal Disorders	<i>Please talk to your doctor or pharmacist about other medication(s) available for your condition.</i>	
Balanced, Performance and Performance Select Drug Lists Exclusions			
BIDIL (isosorbide dinitrate- hydralazine hcl tab 20-37.5 mg)	Heart Failure	<i>There is a generic equivalent available. Please talk to your doctor or pharmacist about other medication(s) available for your condition.</i>	
CONTRAVE (naltrexone hcl-bupropion hcl tab er 12hr 8-90 mg)	Weight Loss	Qsymia, Saxenda, Wegovy	
ESBRIET (pirfenidone tab 267 mg, 801 mg)	Idiopathic Pulmonary Fibrosis	<i>There is a generic equivalent available. Please talk to your doctor or pharmacist about other medication(s) available for your condition.</i>	
FERRIPROX (deferiprone tab 1000 mg)	Transfusional Iron Overload	<i>There is a generic equivalent available. Please talk to your doctor or pharmacist about other medication(s) available for your condition.</i>	
K-PHOS (potassium phosphate monobasic tab 500 mg)	Urinary Acidification	<i>There is a generic equivalent available. Please talk to your doctor or pharmacist about other medication(s) available for your condition.</i>	
SAMSCA (tolvaptan tab 15 mg)	Hyponatremia	<i>There is a generic equivalent available. Please talk to your doctor or pharmacist about other medication(s) available for your condition.</i>	
STALEVO 50 (carbidopa- levodopa-entacapone tabs 12.5-50-200 mg)	Parkinson's Disease	<i>There is a generic equivalent available. Please talk to your doctor or pharmacist about other medication(s) available for your condition.</i>	
STALEVO 75 (carbidopa- levodopa-entacapone tabs 18.75-75-200 mg)	Parkinson's Disease	<i>There is a generic equivalent available. Please talk to your doctor or pharmacist about other medication(s) available for your condition.</i>	
STALEVO 100 (carbidopa- levodopa-entacapone tabs 25-100-200 mg)	Parkinson's Disease	<i>There is a generic equivalent available. Please talk to your doctor or pharmacist about other medication(s) available for your condition.</i>	
STALEVO 125 (carbidopa- levodopa-entacapone tabs 31.25-125-200 mg)	Parkinson's Disease	<i>There is a generic equivalent available. Please talk to your doctor or pharmacist about other medication(s) available for your condition.</i>	
STALEVO 150 (carbidopa- levodopa-entacapone tabs 37.5-150-200 mg)	Parkinson's Disease	<i>There is a generic equivalent available. Please talk to your doctor or pharmacist about other medication(s) available for your condition.</i>	
STALEVO 200 (carbidopa- levodopa-entacapone tabs 50-200-200 mg)	Parkinson's Disease	<i>There is a generic equivalent available. Please talk to your doctor or pharmacist about other medication(s) available for your condition.</i>	
UKONIQ (umbralisib tosylate tab 200 mg)	Cancer	<i>Please talk to your doctor or pharmacist about other medication(s) available for your condition.</i>	
VIMPAT (lacosamide tab 50 mg, 100 mg, 150 mg, 200 mg)	Seizures	<i>There is a generic equivalent available. Please talk to your doctor or pharmacist about other medication(s) available for your condition.</i>	

Performance and Performance Select Drug Lists Exclusions			
metronidazole lotion 0.75%	Rosacea	metronidazole cream 0.75%, metronidazole gel 0.75%	
testosterone td gel 20.25 mg/1.25 gm (1.62%), 40.5 mg/2.5 gm (1.62%)	Hypogonadism	testosterone gel pump 1.62%	
tretinoin gel 0.025%	Acne	tretinoin cream 0.025%	
Balanced Drug List Exclusions			
ACZONE (dapsone gel 7.5%)	Acne	There is a generic equivalent available. Please talk to your doctor or pharmacist about other medication(s) available for your condition.	
COMBIGAN (brimonidine tartrate-timolol maleate ophth soln 0.2-0.5%)	Glaucoma, Ocular Hypertension	There is a generic equivalent available. Please talk to your doctor or pharmacist about other medication(s) available for your condition.	
ZIPSOR (diclofenac potassium cap 25 mg)	Pain/ Inflammation	There is a generic equivalent available. Please talk to your doctor or pharmacist about other medication(s) available for your condition.	
Performance Select Drug List Exclusions			
adapalene-benzoyl peroxide gel 0.3-2.5%	Acne	tretinoin cream 0.1%	
Health Insurance Marketplace (HIM) Drug List Exclusions			
COMBIGAN - brimonidine tartrate-timolol maleate ophth soln 0.2-0.5%	Glaucoma, Ocular Hypertension	There is a generic equivalent available. Please talk to your doctor or pharmacist about other medication(s) available for your condition.	
ESBRIET - pirfenidone tab 267 mg, 801 mg	Idiopathic Pulmonary Fibrosis	There is a generic equivalent available. Please talk to your doctor or pharmacist about other medication(s) available for your condition.	
FERRIPROX - deferiprone tab 1000 mg	Iron Overload	There is a generic equivalent available. Please talk to your doctor or pharmacist about other medication(s) available for your condition.	
K-PHOS - potassium phosphate monobasic tab 500 mg	Hypophosphate mia	There is a generic equivalent available. Please talk to your doctor or pharmacist about other medication(s) available for your condition.	
SAMSCA - tolvaptan tab 15 mg	Hyponatremia	There is a generic equivalent available. Please talk to your doctor or pharmacist about other medication(s) available for your condition.	
testosterone td gel 20.25 mg/1.25 gm (1.62%), 40.5 mg/2.5 gm (1.62%)	Hypogonadism	testosterone gel pump 1.62%	
Ukoniq - umbralisib tosylate tab 200 mg	Cancer	Please talk to your doctor or pharmacist about other medication(s) available for your condition.	
VIMPAT - lacosamide oral solution 10 mg/mL	Seizures	There is a generic equivalent available. Please talk to your doctor or pharmacist about other medication(s) available for your condition.	
VIMPAT - lacosamide tab 50 mg, 100 mg, 150 mg, 200 mg	Seizures	There is a generic equivalent available. Please talk to your doctor or pharmacist about other medication(s) available for your condition.	

¹Third-party brand names are the property of their respective owner.

²This list is not all inclusive. Other medicines may be available in this drug class.

Dispensing Limit Changes

BCBSOK's prescription drug benefit program includes coverage limits on certain medications and drug categories. Dispensing limits are based on U.S. Food and Drug Administration (FDA) approved dosage regimens and product labeling. **Changes by drug list are listed on the charts below.**

BCBSOK letters all members with a claim for a drug included in the Dispensing Limit Program, regardless of the prescribed dosage. This means members may receive a letter even though their prescribed dosage doesn't meet or exceed the dispensing limit.

Effective June 15, 2022:

Drug Class and Medication(s) ¹	Dispensing Limit(s)
2021 Health Insurance Marketplace (HIM), 2022 HIM, Performance and Performance Select Drug Lists	
Oxbryta	
Oxbryta (voxelotor)*	90 tablets per 30 days

¹Third-party brand names are the property of their respective owner.

* Not all members may have been notified due to limited utilization.

Effective Sept. 1, 2022:

Drug Class and Medication(s) ¹	Dispensing Limit(s)
2021 Health Insurance Marketplace (HIM), 2022 HIM, Balanced, Performance and Performance Select Drug Lists	
IL-13 Antagonist	
Adbry (tralokinumab-ldrm)*	4 mL per 30 days

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* Not all members may have been notified due to limited utilization.

Effective Oct. 1, 2022:

Drug Class and Medication(s) ¹	Dispensing Limit(s)
Basic, Enhanced, 2022 Health Insurance Marketplace (HIM), Balanced, Performance and Performance Select Drug Lists	
Alternative Dosage Form	
Dartisla ODT*	120 tablets per 30 days
Lyvispah (baclofen) 5 mg Granule packet* ²	120 packets per 30 days
Lyvispah (baclofen) 10 mg Granule packet* ²	120 packets per 30 days
Lyvispah (baclofen) 20 mg Granule packet* ²	120 packets per 30 days
Valsartan oral solution*	2400 mL per 30 days
Miscellaneous	
Emla (lidocaine-prilocaine) 2.5%-2.5%	60 grams per 30 days
Therapeutic Alternatives	
METAXALONE TAB 400 MG*	240 tablets per 30 days
PHOSPHOLINE SOL 0.125%OP*	5 mL per 30 days
Basic, Enhanced, 2021 HIM, 2022 HIM, Balanced, Performance and Performance Select Drug Lists	
Cibinqo	
Cibinqo (abrocitinib) 50 mg tablets*	30 tablets per 30 days
Cibinqo (abrocitinib) 100 mg tablets*	30 tablets per 30 days
Cibinqo (abrocitinib) 200 mg tablets*	30 tablets per 30 days
Insulin Pumps	
Omnipod DASH kit/Omnipod 5 kit*	1 kit per 720 days

Pyrukynd	
Pyrukynd (mitapivat) Therapy Pack 5 MG*	7 tablets per 365 days
Pyrukynd (mitapivat) Therapy Pack 7 x 20 MG & 7 x 5 MG*	14 tablets per 365 days
Pyrukynd (mitapivat) Therapy Pack 7 x 50 MG & 7 x 20 MG*	14 tablets per 365 days
Pyrukynd (mitapivat) 5 mg tablets*	56 tablets per 28 days
Pyrukynd (mitapivat) 20 mg tablets*	56 tablets per 28 days
Pyrukynd (mitapivat) 50 mg tablets*	56 tablets per 28 days
Recorlev	
Recorlev (levoketoconazole)*	240 tablets per 30 days
Tarpeyo	
TARPEYO (budesonide)*	120 capsules per 30 days
Basic, Enhanced and Balanced Drug Lists	
Oxbryta	
Oxbryta (voxelotor)	90 tablets per 30 days
Basic and Enhanced Drug Lists	
IL-13 Antagonist	
Adbry (tralokinumab-ldrm)	4 mL per 30 days
Vuity	
Vuity (pilocarpine HCL) ophthalmic solution	2.5 mL per 30 days

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* Not all members may have been notified due to limited utilization.

² The target drug Lyvispah is misspelled on the dispensing limits letter for Basic and Enhanced Drug Lists.

Clarification to the July 2022 Quarterly Changes Dispensing Limit Letter

The dispensing limit letter incorrectly listed Edarbi, Edarbyclor and Soolantra as target drugs included in the Therapeutic Alternatives program. **These target drugs belong to the Miscellaneous program, effective July 1, 2022.**

Letters mailed in late April to impacted members on the Basic, Enhanced, 2022 Health Insurance Marketplace (HIM), Balanced, Performance and Performance Select Drug Lists. Clarification letters will not be sent to members because the dispensing limits are accurate on the letter and both programs apply to the drug lists mentioned above.

Standard Utilization Management Program Package Changes

Prior Authorization (PA) Program Changes

Several drug categories and/or targeted medications will be added to the PA programs for standard pharmacy benefit plans. This includes ASO groups that have selected auto updates. For groups that have not selected auto updates, these programs will be available for selection as of the program effective date. Contact your BCBSOK representative for more information.

New Target Drugs Added to Existing PA Programs

Effective Oct. 1, 2022, the following changes will be applied:

- Target drugs Dartisla ODT, Valsartan oral solution and Lyvispah (baclofen) granule packet will be added to the Alternative Dosage Form PA program. This change applies to the 2022 Health Insurance Marketplace (HIM), Performance and Performance Select Drug Lists.*
- Target drugs METAXALONE TAB 400 MG, PREDNISOLONE SOD PHOSPHATE ORAL SOLN 10 MG/5 ML (BASE EQUIV), PHOSPHOLINE SOL 0.125%OP, METFORMIN TAB 625 MG and

VTAMA (tapinarof) 1% CREAM will be included in the Therapeutic Alternatives PA program. This change applies to the 2022 HIM Drug Lists.*

- Target drug Omnipod DASH kit/Omnipod 5 kit will be added to the Insulin Pumps PA program. This change applies to the 2021 HIM, 2022 HIM, Balanced, Performance and Performance Select Drug Lists.*

New Programs Added to Select Drug Lists

- Effective Sept. 1, 2022, the Interleukin-13 (IL-13) Antagonist Specialty PA program and target drug Adbry (tralokinumab-ldrm) will be added to the 2021 HIM, 2022 HIM, Balanced, Performance and Performance Select Drug Lists.*
- Effective Oct. 1, 2022, the following changes will be applied:
 - The Cibinqo Specialty PA program and target drug Cibinqo will be added to the 2021 HIM, 2022 HIM, Balanced, Performance and Performance Select Drug Lists.*
 - The Pyrukynd Specialty PA program and target drug Pyrukynd (mitapivat) will be added to the 2021 HIM, 2022 HIM, Balanced, Performance and Performance Select Drug Lists.*
 - The Recorlev Specialty PA program and target drug Recorlev (levoketoconazole) will be added to the 2021 HIM, 2022 HIM, Balanced, Performance and Performance Select Drug Lists.*
 - The Tarpeyo PA program and target drug TARPEYO (budesonide) will be added to the 2021 HIM, 2022 HIM, Balanced, Performance and Performance Select Drug Lists.*

* Not all members may have been notified due to limited utilization.

Please Note: As a reminder, the PA programs for standard pharmacy benefit plans correlate to a member's drug list. Not all standard PA programs may apply, based on the member's current drug list. A list of PA programs per drug list is posted on the member pharmacy and prescription plan information section of bcbsok.com.

Members were notified about the PA standard program changes listed in the tables below.

Drug categories added to current pharmacy PA standard programs, effective July 1, 2022:

Drug Category	Targeted Medication(s) ¹
Basic and Enhanced Drug Lists	
Cibinqo	Cibinqo (abrocitinib) ^{2*}
IL-13 Antagonist	Adbry (tralokinumab-ldrm) ^{2*}

¹Third-party brand names are the property of their respective owner.

²Member level PAs were entered through Oct. 1, 2022, for Basic and Enhanced Drug Lists.

* Not all members may have been notified due to limited utilization.

Drug categories added to current pharmacy PA standard programs, effective Oct. 1, 2022:

Drug Category	Targeted Medication(s) ¹
Basic and Enhanced Drug Lists	
Pyrukynd	Pyrukynd (mitapivat) Therapy Pack 5 MG*, Pyrukynd (mitapivat) Therapy Pack 7 x 20 MG & 7 x 5 MG*, Pyrukynd (mitapivat) Therapy Pack 7 x 50 MG & 7 x 20 MG*, Pyrukynd (mitapivat) 5 mg tablets*, Pyrukynd (mitapivat) 20 mg tablets*, Pyrukynd (mitapivat) 50 mg tablets*
Recorlev	Recorlev (levoketoconazole)*
Tarpeyo	TARPEYO (budesonide)*

¹Third-party brand names are the property of their respective owner.

* Not all members may have been notified due to limited utilization.

Targeted drugs added to current pharmacy PA standard programs, effective Oct. 1, 2022:

Drug Category	Targeted Medication(s) ¹
Basic, Enhanced and Balanced Drug Lists	
Alternative Dosage Form	Dartisla ODT*, Lyvispah (baclofen) 5 mg Granule packet*, Lyvispah (baclofen) 10 mg Granule packet*, Lyvispah (baclofen) 20 mg Granule packet*, Valsartan oral solution*
Basic, Enhanced, 2021 Health Insurance Marketplace (HIM) and 2022 HIM Drug Lists	
Insulin Pumps	Omnipod DASH kit/Omnipod 5 kit*
Basic, Enhanced, Balanced, Performance and Performance Select Drug Lists	
Therapeutic Alternatives	METAXALONE TAB 400 MG*, METFORMIN TAB 625 MG*, PHOSPHOLINE SOL 0.125% OP*, PREDNISOLONE SOD PHOSPHATE ORAL SOLN 10 MG/5 ML (BASE EQUIV)*, VTAMA (tapinarof) 1% CREAM*

¹Third-party brand names are the property of their respective owner.

* Not all members may have been notified due to limited utilization.

Targeted mailings were sent to members affected by drug list revisions and/or exclusions and prior authorization program changes per our usual process of notifying members prior to the effective date.

View the most up-to-date drug list and list of drug dispensing limits on [bcbsok.com](https://www.bcbsok.com).

Change in Benefit Coverage for Select High Cost Products

Several high cost products with available lower cost alternatives will be excluded on the pharmacy benefit for select drug lists. This change impacts BCBSOK members who have prescription drug benefits administered by Prime Therapeutics. This change is part of an ongoing effort to make sure our members and employer groups have access to safe, cost-effective medications.

High cost products that either are new to market or have therapeutic equivalents available have also been excluded. Please note: Members were not notified of these changes because there is no utilization or the pharmacist can easily fill a member's prescription with the equivalent without needing a new prescription from the doctor. The following drugs are excluded on select drug lists:

Product(s) No Longer Covered ^{1*}	Condition Used For	Covered Alternative(s) ^{1,2}
DICLOFENAC TAB 25 MG	PAIN	DICLOFENAC POT 50 MG, MELOXICAM, IBUPROFEN, NAPROXEN
METFORMIN TAB 625 MG	DIABETES	METFORMIN 500 MG TABS
ORPHENADRINE W/ ASPIRIN & CAFFEINE TAB 25-385-30 MG	MUSCLE PAIN	CYCLOBENZAPRINE, ORPHENADRINE

¹ All brand names are the property of their respective owners.

² This list is not all-inclusive. Other products may be available.

* This chart applies to members on the Basic, Multi-Tier Basic, Enhanced and Multi-Tier Enhanced Drug Lists.

Updates to the Member Pay the Difference (MPTD) Program

What's new: In 2023, some operational changes will be made to the MPTD program in efforts to standardize the program and help drive generic utilization.

Background: MPTD requires members who fill a brand name prescription, for which there is an exact generic equivalent, to pay the applicable copay or coinsurance plus the difference in cost between the brand and generic drug. Currently, the MPTD program is being managed differently depending on the line of business, the prescription drug list and state/plan.

Member notices: Impacted members will receive a letter at least 60 days prior to the effective date.

If you have any questions regarding these changes, contact your BCBSOK representative.

Split Fill Program Category Expansion

2023 change: The Split Fill Program will be expanded to include additional categories beyond oral oncology medications, such as multiple sclerosis and iron toxicity.

Background: The Split Fill Program provides a partial, or "split" fill, of a member's monthly prescription for select medications for up to three months of therapy. This helps minimize waste and reduces health plan costs by identifying drugs associated with early discontinuation or dose modifications.

Reminder: There are no changes as to how the Split Fill Program works. Groups cannot pick and choose the categories that will now apply.

If you have any questions regarding these changes, contact your BCBSOK representative.

BCBSOK Change for Maintenance Indicator

Benefit update: Maintenance and non-maintenance medications for BCBSOK members will be available for up to a 90-day supply.

Learn more: Currently, only maintenance medications are available for up to a 90-day supply. This change will align with other states and allow for an improved member experience.

If you have any questions regarding these changes, contact your BCBSOK representative.

BCBSOK Increase in Mail Order Multiplier

New: Starting Jan. 1, 2023, upon renewal, BCBSOK members' cost share for 90-day supplies filled at extended network supply retail pharmacies and/or mail order/home delivery pharmacies will increase from 2.5x to 3x the cost of a 30-day supply.

If you have any questions regarding these changes, contact your BCBSOK representative.

BCBSOK contracts with Prime Therapeutics to provide pharmacy benefit management and related other services. BCBSOK, as well as several independent Blue Cross and Blue Shield Plans, has an ownership interest in Prime Therapeutics. MyPrime.com is an online resource offered by Prime Therapeutics.